

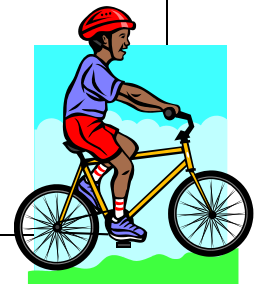
## Activity sheet 1: Benefits of cycling

### ON THE MOVE

List the advantages and disadvantages of each type of transport. How many can you find?

#### Cycling

Advantages	Disadvantages
<ul style="list-style-type: none"> <li>• It helps to keep me fit.</li> <li>•</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> </ul>



#### Car

Advantages	Disadvantages
<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> </ul>

